## Round the City 2019

## Lunch menu

Sandwiches: Guests can choose either a half sandwich or a whole sandwich (specify type of bread).
A whole sandwich can be one option or choose two options and get two half sandwiches with different flavours.

Salads: Guests can choose to have a personal side salad

## Sandwich choices

Choose: multigrain, whole wheat or white.

Egg Salad - Tomato, chives
Avocado - house made avocado spread, hard-boiled egg, tomato, red onion, jalapeno Italian Cheese - pesto spread, tomato, basil, choice of bocconcini, feta or goat cheese Turkey BLT - sliced turkey, turkey bacon, lettuce, tomato, mayonnaise

Grilled Chicken Breast - bocconcini, arugula, roasted red pepper, aroma sauce

## Salad choices

Mixed Greens - tomato, carrot, red onion, served with balsamic vinaigrette
Chopped - tomato, cucumber, red oinion, carrot, parsley, mint, served with tahini

